

GARCHEN RINPOCHE and TARA RETREAT

LITTLE SAIGON, CALIFORNIA

MARCH 24-26, 2011



*This is a rare and precious opportunity for Viet Nalanda Foundation and the Vietnamese Buddhist sangha to host **Garchen Rinpoche** for a three-day program in the heart of Little Saigon, California. No registration fee is required! The complete program will be translated into ENGLISH and VIETNAMESE.*

For Garchen Rinpoche's biography, please visit www.garchen.net

Thursday March 24

3 - 5 p.m. - Private audience (priority will be given to Vietnamese Buddhist members)

7 - 9 p.m. - Teaching on Lord Jigten Sumgon's Prayers to 7 Taras
(which includes prayers on nature of the mind, emptiness, non-duality, karma, etc...)
and "**How to connect with Tara or Deities in our daily life.**"

Friday March 25

10 a.m. - 12 p.m. - Private audience (priority will be given to Vietnamese Buddhist members)

2 - 3 p.m. - Refuge Ceremony

3 - 5 p.m. - Q & A session

7 - 9 p.m. Teaching (cont'd) on Lord Jigten Sumgon's Prayers to 7 Taras
and "**How to connect with Tara or Deities in our daily life.**"

Saturday March 26

8 - 9 a.m. - Rinpoche's self empowerment (everyone is welcome to be there but must be in quiet mode!)

9 a.m. - 12 p.m. - Tara empowerment & Tara practice

2 - 5 p.m. - White Tara practice (sadhana composed by the previous 7th Garchen Rinpoche)
with **Zambhala prayers and kata offerings**

6- 8 p.m. - slideshow and group dinner with Rinpoche at Viet Herald
(slideshow to introduce Garchen Rinpoche and the Garchen Institute - Rinpoche's center- in Arizona, the Southwest Buddhafield Endowment, Rinpoche's lifestories, aspirations and projects)

LOCATION: **VIET HERALD**, 14861 MORAN STREET, WESTMINSTER, CA 92683

(all activities will be held at VIET HERALD except for private audiences on March 24-25, 2011
please contact Mai Thy 714-443-1210 for location)

** WE WELCOME YOUR KIND SUPPORT! Any donation is welcome to help pay for the event and related expenses.

** Donation checks can be sent to: **Viet Nalanda Foundation**, 112 Stanford Court, Irvine, CA 92612

** To schedule for a **private audience**, please contact Pauline at 310-638-3827 or email dkimphung@yahoo.com.

** To sign up for **group dinner**, please contact Sue-Sue at 949-923-0039 or email suesueluu@yahoo.com.

(Suggested donation for dinner: \$15/person. All proceeds will be offered to Garchen Rinpoche's Projects)

FOR MORE INFORMATION, please visit www.vietnalanda.org